FHXMPMPAM

Base Product



OM4 MPO (Unpinned) to MPO (Unpinned), InstaPATCH® 360 Armored Pre-terminated Trunk Cable, 144-Fiber, Plenum

OBSOLETE

 This product was discontinued on: October 7, 2024

 Replaced By:
 Ultra Low Loss (ULL), OM4 MPO (Unpinned) to MPO (Unpinned), InstaPATCH® 360 Armored Preterminated Trunk Cable, 144-Fiber, Plenum

Product Classification

Regional Availability	Asia Australia/New Zealand China Europe India Latin America Middle East/Africa North America
Portfolio	CommScope®
Product Type	Fiber trunk cable assembly
Product Brand	SYSTIMAX InstaPATCH® 360
Ordering Note	For lengths greater than 999 ft (304 m), orders must be in meters Minimum length may vary based on cable configuration

General Specifications

Color, boot A	Black
Color, connector A	Aqua
Color, boot B	Black
Color, connector B	Aqua
Construction Type	Armored Stranded
Furcation Color	Aqua
Interface, Connector A	MPO-12/UPC Female
Interface, Connector B	MPO-12/UPC Female
Jacket Color	Aqua
Polarity	Method B (LL)
Fibers per Subunit, quantity	12

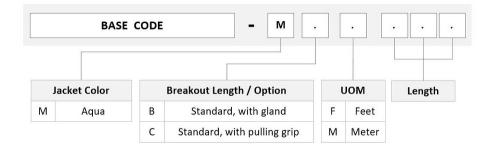
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FHXMPMPAM

144
33 in
3 – 999
10 - 999

Ordering Tree



Mechanical Specifications

Cable Retention Strength, maximum11.24 lb @ 0 ° | 4.40 lb @ 90 °Optical Specifications

Fiber Mode	Multimode
Fiber Type	OM4, LazrSPEED®

Environmental Specifications

Operating Temperature	-10 °C to +60 °C (+14 °F to +140 °F)
Environmental Space	Indoor Plenum

Regulatory Compliance/Certifications

Agency	Classification
ANATEL	Compliant
CHINA-ROHS	Below maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on www.commscope.com/ProductCompliance
ROHS	Compliant

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COMMSCOPE°

FHXMPMPAM

UK-ROHS

Compliant



Included Products

760120048	-	Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with
P-144-MZ-5K-F12AQ		plenum jacket, Multimode OM4, 144 fiber multi-unit with 12 fiber subunits, gel-free, Feet jacket
		marking, Aqua jacket color

860647054

MP012, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm

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760120048 | P-144-MZ-5K-F12AQ



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk, interlocking aluminum armored with plenum jacket, Multimode OM4, 144 fiber multiunit with 12 fiber subunits, gel-free, Feet jacket marking, Aqua jacket color

Product Classification

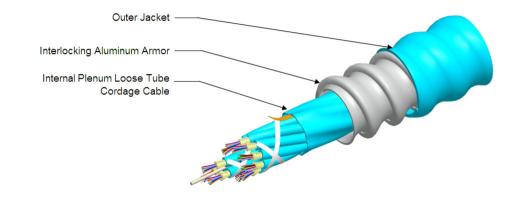
Regional Availability	Asia Australia/New Zealand Latin America Middle East /Africa North America
Portfolio	CommScope®
Product Type	Fiber indoor cable
Product Series	P-MZ
General Specifications	
Armor Type	Interlocking aluminum
Cable Type	MPO trunk cable
Construction Type	Armored
Subunit Type	Gel-free
Jacket Color	Aqua
Jacket Marking	Feet
Subunit, quantity	12
Fibers per Subunit, quantity	12
Total Fiber Count	144
Dimensions	
Buffer Tube/Subunit Diameter	3 mm 0.118 in
Diameter Over Armor	20.96 mm 0.825 in
Diameter Over Jacket	23 mm 0.906 in

Representative Image

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760120048 | P-144-MZ-5K-F12AQ



Mechanical Specifications

Minimum Bend Radius, loaded	345 mm 13.583 in
Minimum Bend Radius, unloaded	230 mm 9.055 in
Tensile Load, long term, maximum	400 N 89.924 lbf
Tensile Load, short term, maximum	1335 N 300.12 lbf
Compression	85 N/mm 485.363 lb/in
Compression Test Method	FOTP-41 IEC 60794-1 E3
Flex	300 cycles
Flex Test Method	FOTP-104 IEC 60794-1 E6
Impact	35 N-m 309.776 in lb
Impact Test Method	FOTP-25 IEC 60794-1 E4
Strain	See long and short term tensile loads
Strain Test Method	FOTP-33 IEC 60794-1 E1
Twist	10 cycles
Twist Test Method	FOTP-85 IEC 60794-1 E7
Vertical Rise, maximum	104 m 341.207 ft
Optical Specifications	
Fiber Type	OM4, LazrSPEED® 550 OM4, LazrSPEED® 550

Environmental Specifications

Installation temperature

0 °C to +70 °C (+32 °F to +158 °F)

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760120048 | P-144-MZ-5K-F12AQ

Operating Temperature	0 °C to +70 °C (+32 °F to +158 °F)
Storage Temperature	-40 °C to +70 °C (-40 °F to +158 °F)
Cable Qualification Standards	ANSI/ICEA S-83-596 Telcordia GR-409
Environmental Space	Plenum
Flame Test Listing	NEC OFCP (ETL) and c(ETL)
Flame Test Method	NFPA 130 NFPA 262

Environmental Test Specifications

Heat Age	0 °C to +85 °C (+32 °F to +185 °F)
Heat Age Test Method	IEC 60794-1 F9
Low High Bend	0 °C to +70 °C (+32 °F to +158 °F)
Low High Bend Test Method	FOTP-37 IEC 60794-1 E11
Temperature Cycle	0 °C to +70 °C (+32 °F to +158 °F)
Temperature Cycle Test Method	FOTP-3 IEC 60794-1 F1

Packaging and Weights

Cable weight

392 kg/km | 263.412 lb/kft

Regulatory Compliance/Certifications

Agency	Classification
CHINA-ROHS	Below maximum concentration value
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system
REACH-SVHC	Compliant as per SVHC revision on www.commscope.com/ProductCompliance
ROHS	Compliant
UK-ROHS	Compliant



* Footnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable

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Product Classification

Optical Components Standard

MP012, LOW LOSS, FEMALE, OM3/4, AQUA, 3mm

Regional Availability	Asia Australia/New Zealand EMEA Latin America North America
Portfolio	CommScope®
Product Type	Fiber connector
General Specifications	
Color	Aqua
Color, boot	Black
Ferrule Geometry	Flat
Interface	MPO/UPC Female
Interface Feature	Unpinned
Total Fiber Count	12
Dimensions	
Length	60.1 mm 2.366 in
Compatible Cable Diameter	3 mm 0.118 in
Material Specifications	
Ferrule Material	Polymer
Mechanical Specifications	
Cable Retention Strength, maximum	11.24 lb @ 0 °
Optical Specifications	
Fiber Mode	Multimode
Fiber Type	OM3 OM4
Insertion Loss Change, mating	0.2 dB

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ANSI/TIA-568-C.3



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Insertion Loss Change, temperature	0.2 dB
Insertion Loss, maximum	0.25 dB
Return Loss, minimum	27 dB

Packaging and Weights

Packaging quantity

1

Regulatory Compliance/Certifications

Classification

ISO 9001:2015 Designed, manufactured and/or distributed under this quality management system

* Footnotes

Agency

Insertion Loss Change, mating	TIA-568: Maximum insertion loss change after 500 matings
Insertion Loss Change, temperature	Maximum insertion loss change from -10 °C to +60 °C (+14 °F to +140 °F)

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